

# Out of Work? Need Benefits?

For either SSI or SSDI/SSCDB, reporting that an individual is not working is essential.

For those who are within a 5-year period following termination of benefits, they may receive:

- up to 6 months of provisional benefits payments
- an Expedited Reinstatement of benefits (EXR)



See here for more information about [Expedited Reinstatement](#)



- Individuals will need to provide information about their work/current income, but it isn't necessary for them to "prove" it's COVID-19 related.
- It is likely that Social Security is closing their office to visitors, so please ask people to call SSA.

For most people, a simple message would be:  
"It is important to communicate with SSA and let them (SSA) sort out the situation as to whether you are in a suspended status or if benefits have been terminated and when."